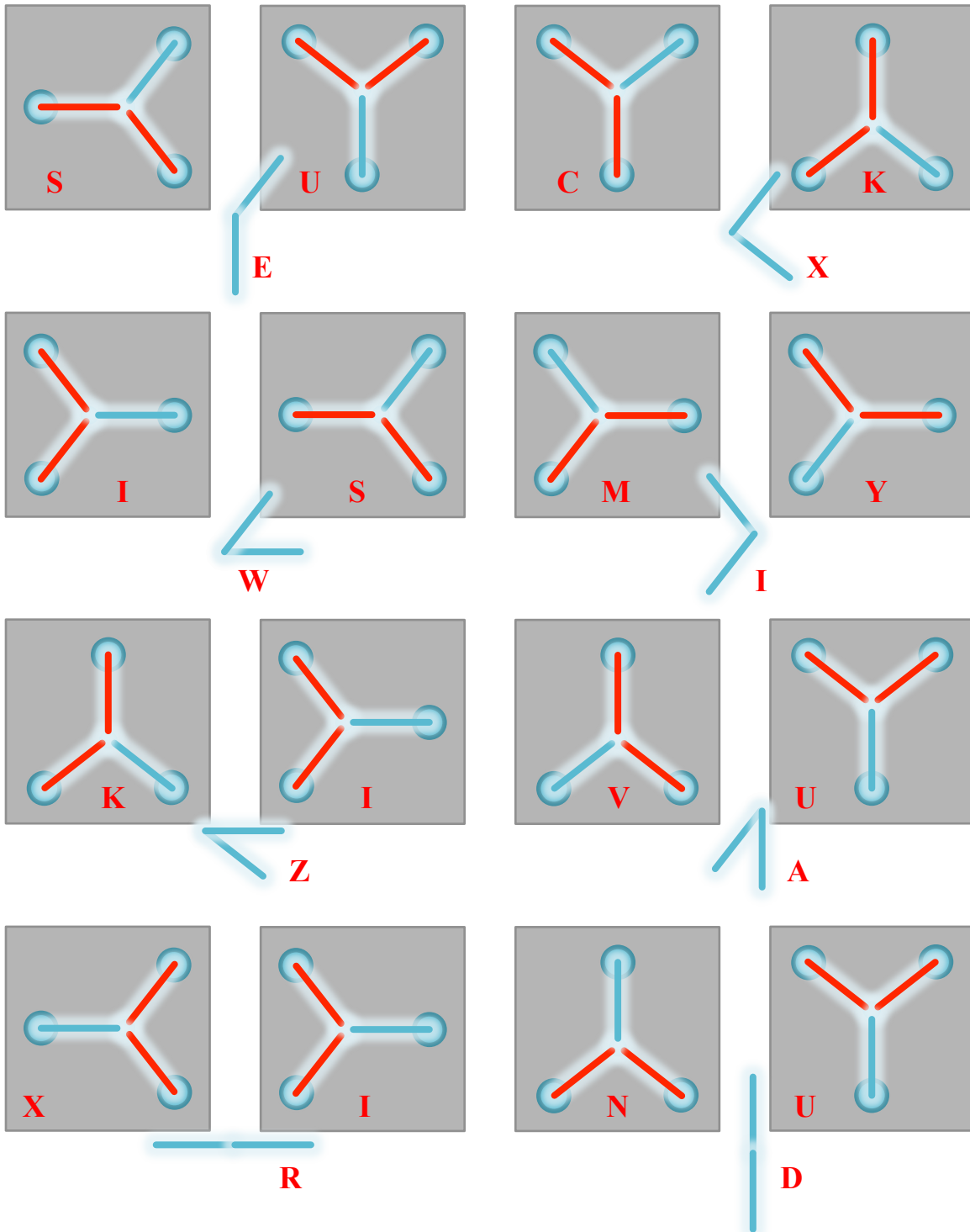SOLUTION:
Use two segments of each "flux capacitor" to make a semaphore letter. Each row yields a four-letter word that matches the given hint.
Then pair up the leftover segments to make a new, eight-letter word which matches the final hint!

ANSWER: **EX-WIZARD**